

Diagrama Community Services

Guidance for Social Workers

Managing change

Depending on your Service User's level of anxiety in relation to "change" we would suggest using Page 1 of our Diagrama Community



Services Guide to explain the service. However if you feel that a more visual, detailed representation of the scope of the service would be beneficial, Page 2 of the Guide contains a video as well as a more detailed explanation. (Please check with the Service User regarding any particular phobias as the video shows large expansive spaces and all our animals).

We have also created an easy read guide.

As we know this is a new service, we are also happy to talk to you if you have any questions or concerns. Feel free to talk to us on 01342 810980 or 07872 015179 (mobile).

Activities

Diagrama will offer a range of arts and crafts, cookery and catering and daily life skills related activities from two sites as above.

Duckyls Farm site will offer a person-centred choice of activities, based around the seasonal nature of farming, to include:

- Gardening and food crop production
- Animal care
- Wood working
- Land management
- Rural crafts
- Woodland crafts

About Diagrama

Diagrama Foundation a charity based in the South East that support vulnerable adults and children. We believe in assisting the development of core skills for adults with learning disabilities and improving quality of life by supporting independence. We focus on developing skills and confidence that lead to more independent, fulfilled lives, community integration and wellness.

Duckyls Farm

Duckyls is a farm and as such there are lots of open spaces, uneven areas of ground, woodland and farm animals. Duckyls is located near East Grinstead and a shuttle service to/from Duckyls is available from East Grinstead railway station at the start and end of the day. The types of farm activities will be seasonal and weather dependant but we look after the farm and animals, whatever the weather. We have an indoor area to use for recreation, with the necessary hygiene facilities which has disabled toilets, kitchen and recreation area but spend as much time in the open air to increase wellbeing. There will always be lots to do, which will be directly influenced by the input of the Service Users and as such this is a rewarding and healthy place to be.

The Cherry Tree Centre

The Cherry Tree Centre is a community centre in Burgess Hill. Diagrama will deliver Cooking and Catering and Art & Craft and Life Skills workshops at this location.

The Yews

The Yews is a community centre in Haywards Heath. Diagrama will deliver Art & Craft and Life Skills workshops at this location.

Benefits

- Access to open spaces/area of natural beauty/clean air
- Physical activity level suited to ability/increase fitness and health
- Community feel-good activity/contribution and sociable
- Fun, therapeutic and offers the opportunity to enhance social skills/make friends
- Educational/creating independence/understanding of food cycles
- Food production leading to healthier meals and self-sufficiency skills
- Animal contact brings many positive benefits
- Can be different every day or reassuringly grounding